

*C.A.L.M. Workshop &
Community Reiki Circle*

Sunday July 19th, 2026

2-3:15pm

Women's Center for Psychotherapy

784 Farmington Ave

West Hartford, CT 06119

Cost \$25

Join us for a peaceful afternoon of learning techniques for nervous system regulation, followed by a group meditation while receiving Reiki.

Register online at:

<https://www.womens-center.com/ReikiServices.html>

